

PSY519 Psychopathology
Reformed Theological Seminary
Fall Semester, 2018
3 Credit Hours

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Class meeting time: Thursdays, 3:00-6:00
Office Hours: By appointment

Instructor

Course Description

An introduction to mental health disorders and their criteria based on the Diagnostic and Statistical Manual of Mental Disorders, Fifth edition. Students learn the vocabulary and taxonomy used in contextual dimensions of the Clinical Mental Health Counseling field. Etiology of disorders and treatment approaches are considered.

Course Objectives (Knowledge and Skill Outcomes)

Students will demonstrate comprehension of the following CACREP standards:

- CO1.** Treatment of Mental and Emotional Disorders - etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders (5.C.2.b)
- CO2.** Diagnostic Procedures - diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD). Students will also consider the relationship of substance abuse disorders with co-occurring disorders (5.C.1.d, 5.C.2.d)
- CO3.** Psychopharmacology Considerations – overview of classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation (5.C.2.h)
- CO4.** Neurological Impact - impact of biological and neurological mechanisms on mental health (5.C.2.g)

Methods of Instruction

This course will be taught in the traditional classroom format.

Assignments (Student Performance Evaluation Criteria)

A1. Weekly Quizzes. 20% of grade

There will be a weekly, take home quiz given each week. The quizzes will be based on the required reading for the lecture topic being covered in class that day, and the material covered in the class that day. The quizzes will consist of 10 multiple choice questions. The quizzes will be handed out at the end of class and will be due at the beginning of the following class.

A2. Weekly Case Studies. 20% of grade

There will be a weekly case study given each week. The case studies will be based on the DSM-5 diagnoses and issues discussed in class that day, and will consist of one or more case histories and associated multiple choice questions. Students will be assigned to groups of two or three to complete this assignment. One person from each group will be responsible for handing in the groups answers.

A3. Exams. 20% of grade each

There will be two (2) take home mid-term exams and a take home final. Each exam will cover the assigned readings and class lectures, and will be cumulative. You are free to use your lecture notes, the DSM-5, and any other written or online resources you deem helpful. However, this is an **individual** project—you may not consult with any other person. The exams will consist of eight case studies from which you will make appropriate DSM-5 diagnoses. Exam answers will be in a multiple choice format.

Required Course Materials (Texts, Readings, Videos, etc.):

- M1. American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders text revision, fifth edition (DSM-5)*. Washington, D.C.: American Psychiatric. ISBN: 978-0890425558 (paperback); ISBN: 978-0890425541 (hardback)
- M2. Maddux, J. E., & Winstead. B. A. (2016). *Psychopathology: Foundations for a contemporary understanding (4th ed.)*. NY: Routledge. ISBN-13: 978-1138019515
- M3. Oltmanns, T. F., Martin, M. T., Neale, J. M., & Davison, G. C. (2015). *Case studies in abnormal psychology (10th ed.)*. Hoboken, NJ, Wiley. ISBN-13: 978-1118836293
- M4. Preston J. (2016). Quick reference to psychiatric medications. Retrieved from <http://psyd-fx.com/wp-content/uploads/2016/08/Quick-Reference-2016-Both-Sides.pdf> Available on Canvas.

Course Process and Schedule

Lecture ID	Date	Topic	Reading Due	Assignments Due	CACREP 2016 Standards
L1	8/30	1. Introduction to the DSM-5; Diagnosis	DSM-5 pp. xiii-xl, 12-16, 19-23 Psychopathology Ch. 1, 6, 7 Keller Ch. 12	Quiz 1 available	5.C.2.b 5.C.1.d
L2	9/6	2. Mood Disorders	DSM-5 pp. 123-188 Psychopathology Ch. 2, 12 Case Studies Ch. 5, 6	Quiz 1 due 9/5, 11:59 pm Quiz 2 available Case study 1 available	5.C.2.b 5.C.1.d 5.C.2.g
L3	9/13	Anxiety Disorders	DSM-5 pp. 189-233 Psychopathology Ch. 3, 9 Case Studies Ch. 7	Quiz 2 due 9/12, 11:59 pm Quiz 3 available Case study 1 due 9/12, 11:59 pm Case study 2 available	5.C.2.b 5.C.1.d 5.C.2.g

L4	9/20	Obsessive-Compulsive and Related Disorders; Trauma- and Stress-related Disorders; Z-codes	DSM-5 pp. 235-290, 715-727 <i>Psychopathology</i> Ch. 4, 10 <i>Case Studies</i> Ch. 8, 9, 10	Quiz 3 due 9/19, 11:59 pm Quiz 4 available Case study 2 due 9/19, 11:59 pm Case study 3 available Midterm 1 available	5.C.2.b 5.C.1.d 5.C.2.g
L5	9/27	Somatic Symptom and Related Disorders; Dissociative Disorders	DSM-5 pp. 291-327 <i>Psychopathology</i> Ch. 5, 15, 16 <i>Case Studies</i> Ch. 11, 12	Quiz 4 due 9/26, 11:59 pm Quiz 5 available Case study 3 due 9/26, 11:59 pm Case study 4 available Midterm 1 due	5.C.2.b 5.C.1.d 5.C.2.g
L6	10/4	Feeding and Eating Disorders	DSM-5 pp. 329-360 <i>Psychopathology</i> Ch. 23 <i>Case Studies</i> Ch. 13, 14	Quiz 5 due 10/4, 11:59 pm Quiz 6 available Case study 4 due 10/4, 11:59 pm Case study 5 available	5.C.2.b 5.C.1.d 5.C.2.g
L7	10/11	Paraphilic Disorders; Sexual Dysfunctions; Gender Dysphoria	DSM-5 pp. 423-459, 685-705 <i>Psychopathology</i> Ch. 13, 24 <i>Case Studies</i> Ch. 16, 17, 22	Quiz 6 due 10/10, 11:59 pm Quiz 7 available Case study 5 due 10/10, 11:59 pm Case study 6 available	5.C.2.b 5.C.1.d 5.C.2.g
L8	10/25	Schizophrenia Spectrum and Other Psychotic Disorders	DSM-5 pp. 87-122 <i>Psychopathology</i> Ch. 17 <i>Case Studies</i> Ch. 3	Quiz 7 due 10/24, 11:59 pm Quiz 8 available Case study 6 due 10/24, 11:59 pm Case study 7 available Midterm 2 available	5.C.2.b 5.C.1.d 5.C.2.g
L9	11/1	Personality Disorders	DSM-5 pp. 645-666 <i>Psychopathology</i> Ch. 12 <i>Case Studies</i> Ch. 20, 23	Quiz 8 due 10/31, 11:59 pm Quiz 9 available Case study 7 due 10/31, 11:59 pm Case study 8 available Midterm 1 due	5.C.2.b 5.C.1.d 5.C.2.g

L10	11/8	Personality Disorders	DSM-5 pp. 667-684 Case Studies Ch. 21	Quiz 9 due 11/7, 11:59 pm Quiz 10 available Case study 8 due 11/7, 11:59 pm Case study 9 available	5.C.2.b 5.C.1.d 5.C.2.g
L11	11/15	Childhood and Adolescent Disorders; ADHD; Disruptive Behavior Disorders	DSM-5 pp. 461-480, Psychopathology Ch. 19, 20, 21 Case Studies Ch. 1, 2	Quiz 10 due 11/14, 11:59 pm Quiz 11 available Case study 9 due 11/14, 11:59 pm Case study 10 available	5.C.2.b 5.C.1.d 5.C.2.g
L12	11/29	Substance-Related and Addictive Disorders	DSM-5 pp. 481-589 Psychopathology Ch. 14 Case Studies Ch. 4, 19	Quiz 11 due 11/28, 11:59 pm Quiz 12 available Case study 10 due 11/28, 11:59 pm Case study 11 available	5.C.2.b 5.C.1.d 5.C.2.g 5.C.2.d
L13	12/6	Psychopharmacology for Counselors	Preston	Quiz 12 due 12/5, 11:59 pm Quiz 13 available Case study 11 due 11/28, 11:59 pm Final exam available	5.C.2.h 5.C.2.g
	12/13			Quiz 13 due 12/12, 11:59 pm Final exam due	

Policies and Important Information

All written work must conform to American Psychological Association (APA) style. If a student does not have a copy of the APA manual, one should be purchased, or students may use one of the many APA style websites available online (e.g., <https://owl.english.purdue.edu/owl/resource/560/01/>). Assessment will include how well students represent their thoughts on paper, craftsmanship in writing, and organization of all written work.

Disability Accommodation Policy. If you require a special adaptation or accommodation to participate fully in this course, please contact the instructor as soon as possible to discuss your request. You must provide a letter from the Dean of Students that verifies your disabled status. Last minute special requests will be subject to the same late assignment policy as other students.

Access to Research Database. RTS provides MAC students with access to the Ebscohost Psychology & Behavioral Science Collection of full text journal articles. You can access this collection from

computers in the library, or from your home computer by following the link below and logging in with a username and password to be provided in class. <http://search.ebscohost.com/>

Late work. All assignments are due as scheduled regardless of attendance, unless prior arrangements are made with the instructor. Assignments turned in late will be deducted 1/3 letter grade for each late day.

Grading Scale:

A (97-100)	B- (86-87)	D+ (75-77)
A- (94-96)	C+ (83-85)	D (72-74)
B+ (91-93)	C (80-82)	D- (70-71)
B (88-90)	C- (78-79)	F (Below 70)

Attendance Policy. Regular attendance is expected and required. Excessive absences (more than 3 class meetings) will result in the loss of points equal to one letter grade per absence. If serious illness or an emergency prevents a student from attending any class, please notify the instructor before the class begins. It is the responsibility of the student to obtain any materials handed out or presented during the missed class from a classmate.

Class Participation. Students are expected to participate in all components of the class. Each student is expected to read all of the assigned materials in advance for each class and engage in class discussion. Contributions should reflect knowledge of the reading assignments or other sources.

Student Learning Outcome Table

The table below shows how the objectives of this course will be met, and how they relate to CACREP Standards. Details about specific course objectives, assignments, and evaluation methods can be found in later sections of this syllabus.

CACREP Standard(s)	Course Objective	Material	Lecture	Assignment / Evaluation
5.C.2.b	CO1. Treatment of Mental and Emotional Disorders - etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders.	M1. (all note pages) M2. (Chs. 1, 3-7, 9, 10, 12-17, 19-21, 23-24) M3. (Chs. 1-14, 16, 17, 19-23)	L1-13	A1. Weekly quizzes A2. Weekly case studies A3. Exams
5.C.1.d	CO2. Diagnostic Procedures - diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and Statistical Manual of Mental Disorders (DSM) and the International Classification of Diseases (ICD). Students will also consider the relationship of substance abuse disorders with co-occurring disorders	M1. (all note pages) M2. (Chs. 1, 3-7, 9, 10, 12-17, 19-21, 23-24) M3. (Chs. 1-14, 16, 17, 19-23)	L1-13	A1. Weekly quizzes A2. Weekly case studies A3. Exams
5.C.2.d	CO2. Students will also consider the relationship of substance abuse disorders with co-occurring disorders	M1. (pp. 481-589) M2. (Ch. 14) M3. (Ch. 4, 19)	L12	A1. Weekly quiz A2. Weekly case study A3. Exams

5.C.2.h	CO3. Psychopharmacology Considerations – overview of classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation (5.C.2.h)	M5. (all)	L13	A1. Weekly quiz
5.C.2.g	CO4. Neurological Impact - impact of biological and neurological mechanisms on mental health (5.C.2.g)	M1. (all note pages) M2. (Chs. 1, 3-7, 9, 10, 12-17, 19-21, 23-24) M3. (Chs. 1-14, 16, 17, 19-23)	L1-13	A1. Weekly quizzes A2. Weekly case studies A3. Exams

