Course Title:
06PT: 610: Making Disciples in the Local Church
Fall 2014

Course Professors:
Bill Kynes, Ph.D.: billkynes@gmail.com
Tom Tarrants, D.Min.: t.tarrants@cslewisinstitute.org
Joel Woodruff, Ed.D.: j.woodruff@cslewisinstitute.org
(See bios at end of Syllabus)

Class Hours:
Thursday nights: 7:00 – 10:00 pm
3 hours/week for 10 weeks
September 4, 2014: 1st class
No class during Reading Week: October 6-10, 2014
November 13: Last Class

Course Purpose & Objectives:
Who is discipling you? Who are you discipling? When asked this question, many in professional ministry realize that they have never been involved in an intentional discipling relationship either as a disciple or as a discipler. Some don’t even believe it to be a priority for pastoral ministry. This discipleship deficit is the norm within the church today and demonstrates how far we’ve drifted from Jesus’ great commission to make disciples – teaching them to obey everything He has commanded. This course will train participants in biblical principles and methods for relational discipleship of heart and mind with the aim of developing a practical, disciple-making plan that can be implemented in the local church.

Objectives include:

1) Develop a biblical and theological understanding of discipleship
2) Learn how to apply Jesus’ discipleship making methods and principles within the community of the local church.
3) Become competent in relational discipleship through the use of coaching and mentoring strategies
4) Become familiar with the discipling method used by the C.S. Lewis Institute which focuses on discipleship of both heart and mind within the context of Christian community.
5) Grow personally in maturity as a disciple of Jesus through personal and corporate spiritual disciplines, being mentored by others, and within a small group community.
6) Develop an intentional disciple-making plan or model that can be implemented throughout the rest of your ministry and life.

Requirements:

1) Complete readings, weekly assignments and inventories. (Around 800 pages of reading for the course)
2) Weekly Journal entry: Write a 1-2 page response to the readings for the week to be turned in weekly.

3) Develop a 10-12 page written S.M.A.R.T. disciple-making plan or model due at the end of the course that could be implemented throughout your life of ministry in the local church. It should include a philosophy of discipleship, and the S.M.A.R.T. components. You will present this plan to the class during the last class period. (See *Insourcing* by Randy Pope or *DiscipleShift* by Jim Putnam as fully developed examples)

4) Develop a written definition of disciple, disciple-making and discipleship that would articulate your position to a pastoral search committee at a local church. Also due at the end of the course.

**Books to Purchase:** These will be used in the course and are practical resources for pastoral ministry and personal spiritual growth

*Following the Master: A Biblical Theology of Discipleship* by Michael J. Wilkins
*Ordering Your Private World* by Gordon MacDonald
*Spiritual Birthline* by Stephen Smallman
*The Cost of Discipleship* by Dietrich Bonhoeffer
*The God Who Loves You* by Peter Kreeft
*Humility* by Andrew Murray
*The Autobiography of George Muller* by George Muller
*Spiritual Disciplines for the Christian Life* by Donald Whitney
*Questioning Evangelism* by Randy Newman
*Insourcing* by Randy Pope – OR – *DiscipleShift* by Jim Putnam

**Inventories to Purchase:**
*Christian Life Profile Assessment Tool* by Randy Frazee
*Finding Your Spiritual Gifts Inventory* by C. Peter Wagner

**Course Structure:**

- **Lecture:** About 2/3 of the 3 hour class periods will be led by the professor including lecture and interactive exercises
- **Small Groups:** The class will be divided into small groups for discussion and mutual accountability to be held during one hour of each class session.
- **Coaching/Mentoring:** Students will be peer mentored and practice mentoring using discipleship themes as the basis for the mentoring sessions.
- **Individual Preparation and Study:** Students will be responsible for completing the weekly assignments and actively engaging in assigned exercises, small groups and mentor sessions.

**Course Schedule and Themes:**

- **Week 1, September 4:** Discipleship Defined; A Biblical Theology of Discipleship
  You Must Be a Disciple First in Order to Make Disciples

- **Week 2, September 11:** Disciple-Making from the Pastor’s Perspective
Key Components to Making Disciples within the Local Church
Discipleship Coaching Part 1

Week 3, September 18: Starting from a Solid Foundation: Grace, True Conversion
Discipleship Coaching Part 2

Week 4, September 25: Counting the Cost of Discipleship
Discipleship Coaching Part 3

Week 5, October 2: How To Assess Your Spiritual Life and the Lives of Others
The Pastor as a Physician of the Soul
Discipleship Coaching Part 4

Reading Week: October 6-10

Week 6, October 16: The Role of the Holy Spirit in Making Disciples

Week 7, October 23: How to Develop the Fruits of the Spirit
The Importance of both Word and Action in our Witness

Week 8, October 30: The Role of Spiritual Practices/Disciplines in Making Disciples

Week 9, November 6: The Role of Conversational Apologetics/Evangelism

Week 10, November 13: Making Disciples Who Make Disciples
Students Present Disciple-Making Plans

Assignments:

Assignments to Prepare for Week 2 – Ordering Your Life/Theology of Discipleship:

• Time Audit for Week
• Holmes and Rahe Life Change Scale Stress Test
• Article: “Margin: Space Between Ourselves and Our Limits” – 9 pp.
• Book: Ordering Your Private World by Gordon MacDonald – Preface – Ch. 5; 72 pp.
• Spiritual Discipline – Create Regular Space for Intimate Conversation with God
• Memory Verses: Matthew 28:18-20

Assignments to Prepare for Week 3 – Starting from a Solid Foundation

• Texture of Your World Assignment (Answer Questions #1-5)
• Spiritual Autobiography Written Assignment
• Spiritual Discipline – Sharing Your Testimony
• Memory Verse: Ephesians 2:8-9
Assignments to Prepare for Week 4 – The Cost of Following Jesus
- Assignment – Write a Prayer of Surrender or Commitment to the Lord
- Spiritual Discipline - Fasting
- Memory Verses: Mark 8:34-35

Assignments to Prepare for Week 5 – Assessing the Spiritual Life
- Book: *The God Who Loves You* by Peter Kreeft – Intro – Ch. 5; 80 pp.
- Book/Assessment: *Christian Life Profile Assessment Tool* by Randy Frazee
- Spiritual Discipline: Intentionally find a new way to serve your family.
- Memory Verses: Matthew 22:36-40

Assignments to Prepare for Week 6 – The Role of Character Development in Discipleship
- Perfectionism Test
- Type A Personality Test
- Spiritual Discipline – Recognizing Pride and Then Acting in an Opposite Manner
- Memory Verses: Galatians 5:22-23

Assignments to Prepare for Week 7 – The Holy Spirit, Faith and Obedience
- Book/Inventory: *Finding Your Spiritual Gifts Inventory* by C. Peter Wagner
- Videos on Faith and Stewardship
- Spiritual Discipline – Exercising Your Spiritual Gifts
- Memory Verses: John 14:15-17

Assignments to Prepare for Week 8 – The Role of Spiritual Disciplines
- Book: *Spiritual Disciplines for the Christian Life* by Donald Whitney; Chs. 1, 2, 3, 9, 10; 101 pp.
- Spiritual Discipline – Practice the discipline of Biblical Meditation
- Memory Verses: Psalm 1:1-2

Assignments to Prepare for Week 9 – The Role of Conversational Apologetics
- Book: *Questioning Evangelism* by Randy Newman; Intro – Ch. 1,2,3, 11,12,13 (100 pp.)
- Spiritual Discipline: Sharing Your Faith with Others
- Memory Verses: 1 Peter 3:15-17

Assignments to Prepare for Week 10 – Making Disciples Who Make Disciples
- Book: *Insourcing* by Randy Pope - OR – *DiscipleShift* by Jim Putnam (Skim the components of one of these books as an example of a thoughtful, intentional disciple-making plan for the local church.
- Spiritual Discipline- Silence & Solitude
Professor Bios:

**William L. "Bill" Kynes, Ph.D.**

**Senior Fellow CSLI** - Bill Kynes is the senior pastor of Cornerstone, an Evangelical Free Church, in Annandale, VA, where he has served since 1986. He was an undergraduate at the University of Florida with a major in philosophy. There he also played quarterback on the football team and was later inducted into the university's Athletic Hall of Fame. He attended Oxford University as a Rhodes Scholar, receiving an M.A. in theology. He received an M.Div. from Trinity Evangelical Divinity School, in Deerfield, IL, before returning to England for a Ph.D. in New Testament from Cambridge University. From 1997-1999, he served as an adjunct professor in New Testament for the Trinity Evangelical Divinity School Washington, D.C., Extension Program. His publications include *A Christology of Solidarity: Jesus as the Representative of His People in Matthew* (University Press of America, 1990), and several articles and reviews in *Dictionary of Jesus and the Gospels* (IVP, 1993), *Journal of Theological Studies*, *Trinity Journal*, and *The Journal of the Evangelical Theological Society*. He is the editor of *The Ministerial Forum*, a publication of the Evangelical Free Church of America Ministerial Association, and has served on a number of boards of the EFCA and other Christian organizations. He and his wife Susan have four boys.

**Thomas A. Tarrants, III, D. Min.**

**Vice President of Ministry** - Tom Tarrants has lived in the Washington, D.C. area since 1978 and served as President of the C.S. Lewis Institute from 1998 to April 2010. Prior to coming to the Institute, he served as co-pastor of Christ Our Shepherd Church and Director of The School for Urban Mission, both based in Washington, D.C. He is the author of two books, and consults with churches and organizations seeking to develop discipleship programs and materials to strengthen the local church. Tom holds a Master of Divinity Degree, as well as a Doctor of Ministry Degree in Christian Spirituality. He is an ordained minister in the Evangelical Church Alliance.

**Joel S. Woodruff, Ed.D.**

**Vice President of Discipleship & Outreach** - Joel Woodruff has worked in higher education, "tent-making," nonprofit administration, and pastoral ministries in Alaska, Israel, Hungary, France, and Northern Virginia. He served as Dean of Students, Chaplain, and Professor of Bible & Theology at European Bible Institute, where he helped train Europeans both for professional ministry and to be Christian leaders in the marketplace. Prior to joining the Institute, he was on the leadership team of Oakwood Services International, a nonprofit educational and humanitarian organization. He is a graduate of Wheaton College, earned his M.Div. from Gordon-Conwell Theological Seminary, and has a doctorate in Organizational Leadership from Nova Southeastern University. As a Parish-Pulpit Fellow, he studied Biblical Backgrounds & Archaeology in Israel for a year.