Life can only be understood backwards; but it must be lived forward.

Kierkegaard

Instructor
Jim Coffield, Ph.D.
Office hours: By appointment
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e-mail: jcoffield@rts.edu

Purpose
This course centers on developmental psychology and will provide an overview of the major theories, concepts, and issues of life span development. Life is an ever changing and dynamic process which can be studied and understood as an interaction between story, setting, themes, and the unique issues of each developmental epoch.

Objectives
A successful student in this course will gain a rich appreciation of the nature and needs of people at various developmental levels. This student should...

- Develop a working knowledge of the theories of individual and family development and transitions across the life-span (CACREP 3.a).
- Become familiar with theories of learning and personality development (CACREP 3.b).
- Understand developmental crises including an awareness of one’s own strategy for navigating such crises (CACREP 3.c,f).
- Gain an awareness of disabilities, exceptional behavior, addictive behavior, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior (CACREP 3.d,e).
- Discover strategies for facilitating optimum development and optimum mental health over the life-span (CACREP 3.h).
- Explore clinical, personal, ethical and legal considerations of life span development (CACREP 3.g).

Format
This class will utilize small group activities. Much of your individual grade will be determined by small group work. It is imperative that you participate in your small group as well as class discussions. The instructor reserves the right to change the class plan, schedule and strategies if the class goals are not being met.
Requirements
Mid-term 25%
Final 25%
Weekly reaction papers/quizzes 20%
Interview 10%
Attendance & participation & biography 10%
To be Told project 10%

Academic policies
- Computers are a welcome educational tool and your use of a laptop computer during our class time is encouraged. However, please do not distract yourself or others by using wireless internet to check e-mail or surf the net during our class time. Do not play games on personal computers during class time.
- Late papers lose a half letter grade.
- This class has been designed to meet the CACREP guidelines for developmental psychology. The CACREP guidelines are listed at the end of this syllabus.
- Please retain a personal copy of all of your work.

Grading Scale
A (100-95)  A- (94-93)  B+ (92-91)  B (90-85)
B- (84-83)  C+ (82-81)  C (80-77)  C- (76-75)
D (74-70)  F (Below 70)

Texts
Required


Recommended...


CACREP –

3. **HUMAN GROWTH AND DEVELOPMENT**—studies that provide an understanding of the nature and needs of persons at all developmental levels and in multicultural contexts, including all of the following:
   a. theories of individual and family development and transitions across the life span;
   b. theories of learning and personality development, including current understandings about neurobiological behavior;
   c. effects of crises, disasters, and other trauma-causing events on persons of all ages;
   d. theories and models of individual, cultural, couple, family, and community resilience;
   e. a general framework for understanding exceptional abilities and strategies for differentiated interventions;
   f. human behavior, including an understanding of developmental crises, disability, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior;
   g. theories and etiology of addictions and addictive behaviors, including strategies for prevention, intervention, and treatment; and
   h. theories for facilitating optimal development and wellness over the life span.
### Course Objectives Related to Master of Arts in Counseling Degree Program Student Learning Outcomes

**Course:** Human Growth and Development  
**Professor:** James Coffield  
**Campus:** Orlando  
**Date:** Spring 2016

<table>
<thead>
<tr>
<th>MAC Degree Program</th>
<th>Rubric</th>
<th>Mini-Justification</th>
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<tbody>
<tr>
<td><strong>FOUNDATIONS</strong></td>
<td>Strong (X)</td>
<td>Class will explore the history of developmental psychology and application to counseling.</td>
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<tr>
<td>Understands and applies the basic knowledge needed to be an effective counselor including: the history and philosophy of counseling/soul care, a variety of counseling models and theories, ethics and professional standards of practice, and a psychological, biblical and theological framework for counseling/soul care.</td>
<td>Moderate</td>
<td>Minimal</td>
</tr>
<tr>
<td><strong>COUNSELING, PREVENTION, AND INTERVENTION</strong></td>
<td>Unique counseling interventions for the different developmental epochs of life will be explored in the class lectures and assignments</td>
<td>X</td>
</tr>
<tr>
<td>Able to describe and apply the principles of mental and spiritual health, including prevention, intervention, consultation, education, and advocacy, as well as the operation of programs and networks that promote mental health in a cultural/global society.</td>
<td>X</td>
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<tr>
<td><strong>DIVERSITY AND ADVOCACY</strong></td>
<td>Diversity and unique ways in which an individual’s cultural may impact the life span.</td>
<td>X</td>
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<tr>
<td>Understands and demonstrates how living in a cultural/global society affects clients who are seeking clinical mental health counseling services, as well as the effects of sin such as racism, discrimination, sexism, power, privilege, and oppression on one’s own life and career and those of the client.</td>
<td>X</td>
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<tr>
<td><strong>ASSESSMENT</strong></td>
<td>Not a major focus of this class</td>
<td>Not a major focus</td>
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<td>Understands and applies various models and approaches to clinical evaluation and their appropriate uses, including diagnostic interviews, mental status examinations, symptom inventories, and psychoeducational and personality assessments, and is sensitive to the complications of diagnosis and interpretation of formal and informal evaluation.</td>
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<tr>
<td><strong>RESEARCH AND EVALUATION</strong></td>
<td>Current trends and research into the psychological, social and physical development will be a significant part of the reading and lecture time</td>
<td>X</td>
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<td>Understands and demonstrates the ability to critically evaluate research relevant to the practice of clinical mental health counseling through a biblical worldview.</td>
<td>X</td>
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<td><strong>DIAGNOSIS</strong></td>
<td>Not a major focus</td>
<td>Not a major focus</td>
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<td>Knows and applies the principles of the diagnostic process, including differential diagnosis, and the use of current diagnostic tools, such as the current edition of the <em>Diagnostic and Statistical Manual of Mental Disorders (DSM)</em>, and evaluates them through a biblical and theological framework.</td>
<td>X</td>
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<td><strong>INTEGRATION</strong></td>
<td>Spiritual and moral development will be discussed.</td>
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<td>Integration of biblical &amp; theological concepts with counseling practices.</td>
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<td><strong>SANCTIFICATION</strong></td>
<td>Students will participate in interviewing individual about their own life story.</td>
<td>X</td>
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<td>Demonstrates a love for Triune God</td>
<td>X</td>
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