Psychopathology

Reformed Theological Seminary–Orlando
Thursdays, 9:00 a.m. – 12:00 p.m., 3 hours
Fall Semester, 2014
Instructor: Scott Coupland, Ph.D.
Office Hours: By appointment
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Email: scoupland@rts.edu

PURPOSE
The purpose of this course is to introduce you to the study of psychopathology or abnormal behavior based on the DSM-5 nosology. We will be exploring an integrated and multidimensional perspective of maladaptive behavior patterns and their current treatment modes. Focus will be given to making accurate diagnoses of mental disorders and developing an adequate understanding of the differences between them. In addition, you are encouraged to examine the relationship of sin and psychopathology based on a Christian worldview.

OBJECTIVES
At the completion of this course, students should demonstrate the following competencies:
1. Be familiar with and able to discuss the DSM-5 classification of mental disorders and the criteria for diagnosing these disorders.
2. Be able to apply the DSM-5 classification system in determining the appropriate diagnosis of clinical cases.
3. Have a substantial foundation of knowledge about psychopathology to apply in formulating appropriate and effective intervention strategies to treat a broad spectrum of psychopathological conditions.
4. Identify various ways of obtaining information necessary to make diagnoses.
5. Describe the process one uses to make differential diagnoses.
6. Understand the multiple causes of psychopathology and discern the appropriate treatment modalities and placement criteria within the continuum of care.
7. Exemplify a commitment to the reality of a Christian worldview in discussing the relationship of sin and psychopathology.
8. Differentiate between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.
9. Know the basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications so that appropriate referrals can be made for medication evaluations, and identifying effects and side effects of such medications.

LEARNING FORMAT
Lecture, weekly reading, recorded interviews, movie clips, case study review, and class discussion.
REQUIRED TEXTS

The DSM-5 was released on May 22, 2013. Graduate level psychopathology texts that would be beneficial ancillary texts for this course are not available at this time. If an appropriate text comes into print prior to the beginning of this course, it may be assigned as required reading.

COURSE REQUIREMENTS
1. Take Home Exams.
   There will be two (2) take home mid-term exams and a take home final. Each exam will cover the assigned readings and class lectures, and will be cumulative. You are free to use your lecture notes, the DSM-5, and any other written or online resources you deem helpful. However, this is an individual project—you may not consult with any other person. The exams will consist of several brief case histories from which you will make appropriate DSM-5 diagnoses. Exam answers will be in a multiple choice format.

2. Weekly Quizzes
   There will be a weekly quiz given the last 10 minutes of each class beginning on August 28 and ending November 13. The quizzes will be based on the required reading for the lecture topic being covered in class that day, and the material covered in the class that day. The quizzes will consist of 5 multiple choice questions, and each quiz is worth 10 points. If you are not satisfied with your quiz grade, you may retake the same quiz during the 10 minute period prior to the next class. If a quiz is missed, students may take the missed quiz during the makeup time the following week. A makeup quiz may not be retaken. The lowest quiz grade will be dropped.

COURSE SCHEDULE AND READING ASSIGNMENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading Assignment</th>
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<tbody>
<tr>
<td>8/21</td>
<td>Introduction to the DSM-5, Diagnosis,</td>
<td><em>DSM-5</em> pp. xiii-xl, 12-16, 19-23</td>
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<td></td>
<td>Mental Status Exam</td>
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<td>8/28</td>
<td>Mood Disorders</td>
<td><em>DSM-5</em> pp. 123-188</td>
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<td>9/4</td>
<td>Anxiety Disorders</td>
<td><em>DSM-5</em> pp. 189-233</td>
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<td>9/11</td>
<td>Obsessive-Compulsive and Related Disorders</td>
<td><em>DSM-5</em> pp. 235-290, 715-727</td>
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<td>Trauma- and Stress-related Disorders</td>
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<td>V-codes</td>
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<td><strong>Take home midterm 1 distributed</strong></td>
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Date   Topic                                                                                                           Reading Assignment
9/18   Somatic Symptom and Related Disorders
       Dissociative Disorders   DSM-5 pp. 291-327

**Take home midterm 1 due at beginning of class**

9/25   Feeding and Eating Disorders   DSM-5 pp. 329-360
10/2   Paraphilic Disorders, Sexual Dysfunctions
       Gender Dysphoria           DSM-5 pp. 423-459, 685-705
10/9   Schizophrenia Spectrum
       and Other Psychotic Disorders DSM-5 pp. 87-122
10/16  No class, reading week
10/23  Personality Disorders       DSM-5 pp. 645-666

**Take home midterm 2 distributed**

10/30  Personality Disorders       DSM-5 pp. 667-684

**Take home midterm 2 due at beginning of class**

11/6   Childhood and Adolescent Disorders
       ADHD and Disruptive Behavior Disorders   DSM-5 pp. 461-480,
11/13  Substance-Related and Addictive Disorders   DSM-5 pp. 481-589

**Take home final exam distributed**

11/20  Psychopharmacology for Counselors

**Take home final exam due at beginning of class**

**GRADING SCALE**
Listed below are the assignments that will determine your final course grade.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>2 Mid-term Exams (at 80 points each)</td>
<td>160</td>
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<tr>
<td>Final Exam</td>
<td>80</td>
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<tr>
<td>Quizzes</td>
<td>100</td>
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<tr>
<td>Total Points</td>
<td>340</td>
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A = 330-340  B- = 292-298  D+ = 255-264
A- = 320-329  C+ = 282-291  D = 245-254
B+ = 309-319  C = 272-281  D- = 238-244
B = 299-308  C- = 265-271  F = 237 points and below

ACADEMIC STANDARDS
If you should miss a class, you are expected to contact another student regarding the information covered.

All exams are due on the date specified in the syllabus. For each day an exam is late, 10 points will be deducted from the score of the assignment.

Plagiarism/cheating will result in the failure of the course.