Course Description:

1PSY 573 is a basic introduction course to counseling for sexual issues. Students are introduced to a theology of sexuality, a basic model of addressing sexual issues in counseling, basics of sexual biology and psychology, sexual development, sexual dysfunction, and basic intervention techniques for sexual problems. Students are also challenged in their own growth and development in this area.

In addition to being a class in the MFT program at RTS, this is the foundational course for the Institute for Sexual Wholeness. It is a required introductory course before students are allowed to register for any of the three intermediate courses or four advanced courses.
http://sexualwholeness.com/isw

Additionally, PSY 573 meets half of the educational requirements for certification as a Clinical Sexual Addiction Specialist through the Board of Christian Professional and Pastoral Counselors. More information can be found here: http://www.bcppc.net/addictions.php

Professors:

Jim Hurley
Work: 601-923-1630
Email: jhurley@rts.edu

Doug Rosenau, Ed.D.
Work: 770-813-1544
Fax: 770-813-1545
Email: dougr@mindspring.com

Michael Sytsma, Ph.D.
Work: 770-822-4505
Email:michael@intimatemarriage.org

Course Goals:

1. To encourage and assist each student in understanding and becoming comfortable with their own sexuality, as they integrate a Biblical sexual theology into their lives and counseling practice.

2. To create an in-depth understanding of sexual biology, psychology and Biblical values, as desensitization takes place so that each student is at ease talking and counseling in the sexual area of personality and relationships.

3. To impart an understanding of common sexual questions, myths and problems, as basic therapeutic answers and interventions are developed with the ability to diagnose, treat and strategically refer when needed.
Course Textbooks and Articles:
NOTE: Some of the reading for this course does not come from a specifically Christian perspective. Some of it may be inconsistent with the statement of beliefs for PSI and the Institute for Sexual Wholeness. This reading is required because it is representative of the thought in the field of sex therapy and sexology. Time will be spent in class discussing the reading and critiquing it from a Biblical Christian perspective that is in line with the stated theology of PSI and ISW.


(The 2010 11th Edition is acceptable also.)

(2006 Baker Books edition is identical and acceptable also.)


The following articles and chapters are also required reading for this course. Students can download these chapters from the ISW website. Go to http://www.sexualwholeness.com/rts for more information.


Course Packet – In addition to the above texts and articles, students will purchase a handout packet for the course. Packet will be available for online purchase and download through the ISW website at: http://www.sexualwholeness.com/rts. This packet contains the slides used in teaching as well as additional course material constituting over 140 pages. Students will be able to print the packet or bring it to class in electronic form. Packet is optional, but highly recommended.

Class Schedule*

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>9/11-12</td>
<td>8:00 am – 5:00 pm (Rosenau)</td>
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<tr>
<td>TBA</td>
<td>Hurley on Theology of Sex</td>
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<tr>
<td>10/16,17</td>
<td>8:00 am – 5:00 pm (Sytsma)</td>
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Paper Due 10/16
Course Requirements and Grading:

1. Class Attendance: Attendance is crucial, not just for the content, but to get the value of different professors and viewpoints. **Students will lose 5% of their final grade for every hour of class missed for any reason.** Exceptions to this must be approved by Dr. Hurley before class.

2. **Students are expected to have completed reading assignments before coming to class.** Readings in Hyde will be evaluated by a multiple choice exam to be given the day before the professor lectures. Other reading assignments will be evaluated by self-report. The percentage of those readings completed will determine the grade.

3. Exams. Students will complete an online exam covering the course material. Exam link will be provided in class. Exam is 100 objective questions (multiple choice and True/False). Exam is not timed, but is closed book and notes. Exams will be taken in the MFT office (with Hillerman or Hathorn) one week prior to class meetings.

4. Sexual Integration Paper: Two-part paper which will encourage personal growth and integration of Biblical values. Paper will be detailed in another handout.

Class Outline:

Dr. Rosenau - September 11-12

Hyde, Chapters: 4-6, 10-12, 20; Rosenau (2002) Chap’s: 1, 2, 13-14, 19-21, 26-29; Rosenau & Wilson (2012) Chap’s 1-5, 9-11, 13-14; DEC-R article; Healing the Wounds of Sexual Addiction (2004) Chap’s 1-4, 8-10

I. **Introduction**
   A. Course Details
   B. Toward an integrated Theology of Sex
      1. Sex as God-reflective
      2. Scriptural integration
   C. DEC-R Introduction
      1. Introduction to the DEC-R
      2. Common Sexual Myths
      3. Personal development of the Sex Counselor
      4. Guidelines for Sexual Integrity in the Clinical Setting

II. **Dialogue**
   A. Language in sex therapy
   B. Anatomy and Sexual functioning
   C. Assessment in Sex therapy
      1. Sexual history taking
      2. Self-report questionnaires
III. Education
   A. Sexual Education
   B. Sexuality across the life-span (Developmental sexuality)
      3. Developmental Sexuality
      4. Single sexuality
      5. Sex and aging
   C. Gender and gender myths
   D. Sexual identity and orientation
   E. Extramarital Affairs

IV. Coaching
   A. An Intro to Sexual Addiction

Dr. Hurley – TBA (done during the Advanced course scheduled class time)
   Theology of Sex

Dr. Sytsma – October 16-17
   Hyde Chapters: 7-9, 16, 19; Rosenau (2002) Chapters 4-8, 10-12, 15-18, 22-25,
   Sytsma article

I. Introduction
   A. Yada sex
   B. Culture, the Church and sex

III. Education – cont.
   F. Toward a Biblical view of Birth Control
   G. Infertility
   D. Sexual Behaviors and Values Clarification

IV. Coaching, Cont.
   E. Atypical Sexuality
      1. Paraphillias/Fetishes
      2. Segrue Model
      3. Assessing dysfunctional behaviors
   F. Models of Sexual Response
   G. Sexual Dysfunction
      1. DSM Diagnoses
      2. Basic Sex Therapy interventions
      3. Intro to treating male issues
      4. Intro to treating female issues
      5. Intro to desire issues

V. Referral

VI. Conclusion