Course Description:

1PSY 573 is a basic introduction course to counseling for sexual issues. Students are introduced to a theology of sexuality, a basic model of addressing sexual issues in counseling, basics of sexual biology and psychology, sexual development, sexual dysfunction, and basic intervention techniques for sexual problems. Students are also challenged in their own growth and development in this area.

In addition to being a class in the MFT program at RTS, this is the foundational course for the Institute for Sexual Wholeness. It is a required introductory course before students are allowed to register for any of the three intermediate courses or four advanced courses. http://sexualwholeness.com/isw

Additionally, PSY 573 meets half of the educational requirements for certification as a Clinical Sexual Addiction Specialist through the American Association of Certified Christian Sexual Addiction Specialists. http://www.sexaddictioncertification.org/

Professors:

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Course Goals:

A. To encourage and assist each student in understanding and becoming comfortable with their own sexuality, as they integrate a Biblical sexual theology into their lives and counseling practice.

B. To create an in-depth understanding of sexual biology, psychology and Biblical values, as desensitization takes place so that each student is at ease talking and counseling in the sexual area of personality and relationships.

C. To impart an understanding of common sexual questions, myths and problems, as basic therapeutic answers and interventions are developed with the ability to diagnose, treat and strategically refer when needed.
Course Textbooks and Articles:
NOTE: Some of the reading for this course does not come from a specifically Christian perspective. Some of it may be inconsistent with the statement of beliefs for PSI and the Institute for Sexual Wholeness. This reading is required because it is representative of the thought in the field of sex therapy and sexology. Time will be spent in class discussing the reading and critiquing it from a Biblical Christian perspective that is in line with the stated theology of PSI and ISW.


The following articles and chapters are also required reading for this course. Students can download these chapters from the ISW website. Go to http://www.sexualwholeness.com/rts for more information.


Course Packet – In addition to the above texts and articles, students will purchase a handout packet for the course. Packet will be available for online purchase and download the week before the first lecture through the ISW website at: http://www.sexualwholeness.com/rts. This packet contains the slides used in teaching as well as additional course material constituting over 140 pages. Students will be able to print the packet or bring it to class in electronic form.

Class Schedule*

<table>
<thead>
<tr>
<th>Week after class</th>
<th>Hyde test on Sytsma chapters</th>
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<tbody>
<tr>
<td>8/29, 30</td>
<td>8:00 am – 5:00 pm (Sytsma)</td>
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<tr>
<td>12/5</td>
<td>Hurley on Theology of Sex</td>
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<tr>
<th>Week before class</th>
<th>Hyde test on Rosenau chapters</th>
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<tbody>
<tr>
<td>10/3, 4</td>
<td>8:00 am – 5:00 pm (Rosenau)</td>
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Paper Due 10/3
Course Requirements and Grading:

1. Class Attendance: Attendance is crucial, not just for the content, but to get the value of different professors and viewpoints. Students will lose 5% of their final grade for every hour of class missed for any reason. Exceptions to this must be approved by Dr. Hurley before class.

2. Students are expected to have completed reading assignments before coming to class. Readings in Hyde will be evaluated by a multiple choice exam to be given the day before the professor lectures. Other reading assignments will be evaluated by self-report. The percentage of those readings completed will determine the grade.

3. Exams. Students will complete two exams over Hyde texts.

4. Sexual Integration Paper: Two-part paper which will encourage personal growth and integration of Biblical values. Paper will be detailed in another handout.

Class Outline:

Dr. Sytsma - August 29 -30

Hyde, Chapters: 2-3, 5-8, 10-12, 17; Rosenau (2002) Chap’s: 1-15; Sytsma article; DEC-R article; Anatomy chapter in packet.

I. Introduction
   A. Course Details
   B. Yada sex
   C. Culture, the Church and sex
   D. DEC-R Introduction
      1. Introduction to the DEC-R
      2. Personal development of the Sex Counselor
      3. Guidelines for Sexual Integrity in the Clinical Setting

II. Dialogue
   A. Language in sex therapy
   B. Assessment in Sex therapy
      1. Sexual history taking
      2. Self-report questionnaires

III. Educate
   A. Anatomy and Sexual functioning
   B. Toward a Biblical view of Birth Control
   C. Sexually Transmitted Infections
   D. Sexual Behaviors and Values Clarification

IV. Coaching
   A. Models of Sexual Response
   B. Sexual Dysfunction
      1. DSM Diagnoses
      2. Basic Sex Therapy interventions
Dr. Hurley –
Theology of Sex

Dr. Rosenau – October 18-19

I. Introduction
   A. Toward an integrated Theology of Sex
      1. Sex as God-reflective
      2. Scriptural integration

II. Dialogue

III. Education – cont.
   A. Sexual Education
   B. Sexuality across the life-span (Developmental sexuality)
      1. Developmental Sexuality
      2. Single sexuality
      3. Sex and aging
   C. Sex and Medications
   D. Gender and gender myths
   E. Sexual identity and orientation

IV. Coaching, Cont.
   A. Atypical Sexuality
   B. Sexual Addiction
   C. Sexual Dysfunction
      1. Intro to treating male issues
      2. Intro to treating female issues
      3. Intro to desire issues

V. Referral

VI. Conclusion