Course Description
This class is a general introduction to Pastoral Counseling, including an overview of current trends in counseling theory and practice and the role of counseling in public, private and church settings. Basic counseling skills taught in this course include interviewing, assessment, listening and referral. Application is made to premarital, family crisis, grief and addiction counseling, with emphasis on developing strategies and applying scriptural principles. Several case studies will be reviewed as well as a system for mediation.

Course Requirements
- Reading: Students will have readings from the required texts and will write a two-page book review of each.
- At the beginning of the semester, students will write a two-page paper on their view of counseling.
- At the end of the semester, students will write a five-page paper on how their counseling views have changed.
- During the semester, students will participate in group case studies and role play.
- Class participation is expected and required.

Exams
- Mid-term and final exams will include essay questions from the required reading and lectures.

Class Participation
- It is required that students be present for all class sessions. If a student is “providentially hindered” from attending class, if possible, please notify the instructor. It is expected that students will keep current in their reading and assignments on time. Failure to comply with these standards will result in grade reduction, unless other arrangements have been made.

Grading
- Book reports 25%
- Papers 25%
- Mid-term 25%
- Final 25%
LECTURE I August 22 Introduction and Philosophy of Ministry
LECTURE II August 29 Philosophy of Pastoral Counseling
LECTURE III September 5* Systematic Theology and Counseling
LECTURE IV September 12 Theories of Counseling
LECTURE V September 19* Theories and Techniques of Counseling
LECTURE VI September 27 Clinical Issues
LECTURE VII October 3* Relational Issues

October 10 Fall Break

LECTURE VIII October 17** Mediation and Peacemaking

October 24 Mid-Term

LECTURE IX October 31* Addictions/case studies
LECTURE X November 7 Addictions and Depression
LECTURE XI November 14* Church Discipline and Counseling
LECTURE XII November 21* Diaconal Ministry and Referral/case studies

November 28 Thanksgiving

December 5-10 Final Exam

★Paper and Book Reports Due★
September 5 My View of Counseling (two page paper)
September 19 Psychology and Counseling: Five Views (book report, two pages)
October 3 Instruments in the Redeemer’s Hands (book report, two pages)
October 17 Things That Cannot Be Shaken (book report, two pages)
Chirst-Centered Biblical Counseling (book report Part 2 only)
October 31 How People Change (book report, two pages)
November 14 Rid of My Disgrace (book report, two pages)
November 21 How My Counseling Views Have Changed (five page paper)
3PT 516 Pastoral Counseling
Required Book List

1. **Instruments in the Redeemer’s Hands**: Paul Tripp; P&R

2. **Psychology and Christianity: Five Views**: Johnson and Jones; IVP

3. **How People Change**: Tim Lane and Paul Tripp; New Growth Press

4. **Rid of My Disgrace**: Justin S. Holcomb and Lindsey A. Holcomb; Crossway

5. **Things That Cannot Be Shaken**: Scott Oliphint, and Rod Mays; Crossway


Additional Reading (Not Required)

1. **Addictions**: Ed Welch

2. **Wounded Heart**: Dan Allender

3. **The Biblical Counseling Movement**: David Powlison; New Growth Press

4. **Depression**: Ed Welch

5. **What Do You Think of Me and Why Do I Care?**: Ed Welch